



Greenway Boxing Zone Timetable

ADULTS 16+ £6.50 per class	ALL FEMALE 11-17 £1.50 per class	11-17 £2.50 day pass class	11-17 £1.50 per class	ADULTS 16+ OPEN GYM
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	08:00	09:00	10:00	11:00	12:00	13:00	14:00	15:00	16:00	17:00	18:00	19:00	20:00
MON	08:15 - 09:00 PAD FIT ADULTS age 16+ with Gage							15:30 - 16:15 PAD FIT MIXED age 11-17 with Joel D	16:00 - 17:00 OPEN GYM age 11-17			19:00 - 19:45 BOXING CIRCUITS ADULTS age 16+ with Katie	
TUE					12:30 - 13:00 RUMBLE age 16+ with Kay			15:00 - 16:00 OPEN GYM age 11-17	16:15 - 17:00 REFERRAL ONLY PAD FIT Girls ONLY age 11-17 with Serena	17:15 - 18:00 REFERRAL ONLY RUMBLE MIXED age 11-17 with Serena			
WED	08:15 - 09:00 PAD FIT ADULTS age 16+ with Joel C							15:00 - 16:00 OPEN GYM age 11-17	15:00 - 16:00 OPEN GYM age 11-17	17:00 - 18:00 OPEN GYM age 11-17			
THU								15:00 - 16:00 OPEN GYM age 11-17	16:15 - 17:00 PAD FIT MIXED age 11-17 with Katie	17:15 - 18:00 BOXING CIRCUITS Girls ONLY age 11-17 with Katie			
FRI						13:00 - 13:45 PAD FIT age 16+ with Kay		15:00 - 16:00 OPEN GYM age 11-17	16:15 - 17:00 BOXING CIRCUITS MIXED age 11-17 with Katie	17:15 - 18:00 PAD FIT MIXED age 11-17 with Katie			
SAT		09:30 - 10:15 PAD FIT ADULTS age 16+ with Gage			Gym times: Monday - Friday, 08:00 - 20:45, Weekends, 09:00 - 17:00 Any questions? ☎ 0117 950 3335 🖨 info and bookings at southmead.org								