

SOUTHMEAD DEVELOPMENT TRUST

Job Description

Post: Children and Young People's Social Prescribing Link Worker – North Bristol

Job Purpose: To respond to the unmet needs of children and young people in the North Bristol area via the implementation of a children and young people's social prescribing model. The Link Worker will connect children and young people into a broad range of activities, groups, services and interventions in their local area in a timely and effective way for practical and emotional support. Led by the wants and needs of the young people themselves, the children and young people's social prescribing link worker will increase young people's active involvement with their local communities - enabling them to take control of their health, wellbeing and lives, whilst also reducing health inequalities using an holistic approach.

Link workers also support existing groups to be accessible and sustainable and help young people to start new groups, working collaboratively with all local partners and being responsible for building and maintaining strong relationships with statutory services, community groups, youth organisations and other stakeholders – including practice staff at local GP surgeries.

Responsible to: Social Prescribing Team Leader

Salary: £22,377-£25,210 per annum pro rata

Hours: 28.5hrs/week must include Wednesdays

Location: The Link Worker will work from GP practices and community venues across North Bristol, with additional hot-desking space at The Greenway Centre in Southmead.



Key tasks and responsibilities

1. Provide personalised support

- a. Using motivational interviewing and other techniques, provide personalised information, advice and support to children and young people and signpost or refer (with consent) them to appropriate activities, services and support which will help meet their needs, circumstances and preferences.

- b. Work alongside those referred (participants) to address the barriers to participation and things which are negatively affecting their wellbeing. This includes addressing the wider determinants of health, including lack of education, poor housing, un/under-employment, physical inactivity, etc.
- c. Empower participants to maximise the control they have over their lives through enabling them to assess their own abilities, identify goals, take charge of decisions which affect them and improve their ability to self-care. This will involve co-producing action plans and facilitating their follow-through.
- d. Where appropriate, physically introduce children and young people to community groups, activities and statutory services, ensuring they are comfortable. Follow up to ensure they are happy, able to engage, included and receiving good support.
- e. Effectively manage and prioritise a caseload of participants, ensuring ambitious performance targets and project objectives are met. This will be done in accordance with the needs, priorities and any urgent support required by children and young people and will include home visits where appropriate.

2. Referrals

- a. Promote social prescribing, its role in self-management, and the wider determinants of health
- b. Build relationships with key staff in GP practices within the local Primary Care Network (PCN), attending relevant meetings, becoming part of the wider network team, giving information and feedback on social prescribing
- c. Be proactive in developing links with all local agencies to encourage effective partnership working and referrals raising awareness of social prescribing and how partnership working can reduce pressure on statutory services, improve health and wellbeing outcomes and enable a holistic approach to care.
- d. Provide referral agencies with regular updates about social prescribing, including training for staff, and seek regular feedback about quality of service and impact on referral agencies
- e. Be proactive in encouraging self-referrals and connecting with all local communities, particularly those communities that statutory agencies may find hard to reach

3. Support community groups and VCSE organisations

- a. Develop supportive relationships with local VCSE organisations, community groups and statutory services, to make timely, appropriate and supported referrals for the young person being introduced
- b. Forge strong links with the above to utilise their existing networks and build on what's already available to create a map of community groups or assets

- c. Promote micro-commissioning and small grants amongst these networks if available, and support community and neighbourhood level groups to access them
- d. Work with commissioners and local partners to identify unmet needs within the community and gaps in community provision – developing new groups and services where needed
- e. Encourage local children and young people to volunteer in order to build their skills and confidence, and strengthen community resilience – including peer support such as setting up new community groups. Facilitate groups as/when required.
- f. Support volunteers who are part of the social prescribing team – including induction and day-to-day support.

4. Data capture

- a. Keep accurate records relating to the interactions that take place as part of the delivery of the service, contributing to the collection of monitoring information and preparation of progress reports.
- b. Follow agreed processes and protocols for receiving, storing and transferring information about participants and ensure that confidentiality is maintained – completing all necessary administration in a timely and comprehensive manner.
- c. As appropriate, work closely with GP practices to ensure that social prescribing referral codes are inputted to EMIS and that the person's use of the NHS can be tracked, adhering to data protection legislation and data sharing agreements with the clinical commissioning group (CCG)

5. Professional development

- a. Work with your line manager to undertake continual personal and professional development, taking an active part in reviewing and developing the roles and responsibilities
- b. Access regular clinical supervision, to enable you to deal effectively with the difficult issues that people present

6. General

- a. Work as part of the team to seek feedback and continually improve the service
- b. Work in close partnership with other SDT projects to ensure joined-up working and smooth referral routes.
- c. Maintain a professional attitude and conduct at all times.
- d. Have a Flexible approach to working which will include occasional evenings and weekends.
- e. Undertake any other additional tasks as reasonably deemed appropriate.

Person Specification

Person Specification: Children and Young People’s Social Prescribing Link Worker – North Bristol			
	ESSENTIAL	DESIRABLE	EVIDENCE
Qualifications	<ul style="list-style-type: none"> Educated to a minimum of level 3 (e.g. A levels, NVQ3) 	<ul style="list-style-type: none"> Relevant health, wellbeing or youth related qualification Trained in Motivational Interviewing 	Application Form
Experience	<ul style="list-style-type: none"> At least 2 years’ experience in a role that involves promoting health and wellbeing in health care, social care, public health or a voluntary and community context. Experience of working holistically, on a one-to-one basis, with children and young people with poor mental health and wellbeing. Experience of the change process and eliciting and maintaining changes in behaviours. Experience of implementing monitoring and evaluation systems and reporting to funders and other stakeholders. Experience of working from an asset based approach, building on existing community and personal assets. Experience of working with the VCSE sector, including with volunteers and small community groups. 	<ul style="list-style-type: none"> Proven track record of working successfully with GPs, health providers, youth organisations, schools and community groups to deliver measureable improvements in health outcomes Experience of using social prescribing in areas of high social and health inequalities Experience of working as a Youth Worker Experience of working as a Social Prescribing Link Worker 	Application Form Interview

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	ESSENTIAL	DESIRABLE	EVIDENCE
	<ul style="list-style-type: none"> • Experience of partnership/collaborative working and of building relationships across a variety of organisations. 		
Specific Skills/ Knowledge	<ul style="list-style-type: none"> • Genuine passion, empathy and desire to support children and young people to lead healthier and happier lives and to motivate others to reach their potential. • Ability to listen to, and empathise with, children and young people and provide person-centred support in a non-judgemental way, respecting lifestyles and diversity and inspiring trust and confidence. • Excellent written and verbal communication skills. • Confidence in having difficult conversations. • Ability to develop and maintain partnerships with a range of professionals and stakeholders, promoting collaborative working and finding creative solutions to community issues. • Excellent IT skills, including word processing, spreadsheets, email, web research. • Ability to work independently and proactively on own initiative and to work flexibly and enthusiastically as a valued member of a team. 	<ul style="list-style-type: none"> • Up-to-date knowledge of developments in the public health, social care and clinical (CCG/NHS) services landscape. • An understanding of health, social care and voluntary sector provision, the challenges currently faced and the issues affecting local communities. • Knowledge of the personalised care approach. • Knowledge and understanding of the benefit system, including applications. 	<p>Application Form</p> <p>Interview</p>

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	ESSENTIAL	DESIRABLE	EVIDENCE
	<ul style="list-style-type: none"> • Excellent organisation skills, with the ability to complete administration tasks effectively and efficiently and to organise, plan and prioritise on own initiative, including when under pressure and meeting deadlines. • Understanding of health inequalities/social determinants of health and knowledge of community based interventions that support residents to lead healthier and happier lives. • An understanding of child developmental processes • A knowledge of & ability to support appropriate pathways relating to mental health and social care for vulnerable children and young people • Knowledge of and ability to work to policies and procedures, including confidentiality, safeguarding lone working, information governance and health and safety. • Knowledge and understanding of quality assurance and skills and experience of monitoring and evaluation. • Knowledge of community development approaches. 		
Other	<ul style="list-style-type: none"> • Commitment to reducing health inequalities and proactively working to reach children and young people from all communities. 	<ul style="list-style-type: none"> • Knowledge of North Bristol and the issues facing local children and young people, including knowledge of VCSE, community and statutory services in the locality. 	Application Form Interview

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	ESSENTIAL	DESIRABLE	EVIDENCE
	<ul style="list-style-type: none">• Demonstrates personal accountability, emotional resilience and works well under pressure.• A willingness to undertake any other duties commensurate with the post.• Willingness and ability to work outside normal office hours and across multiple sites.		