

Post Title: Fitness Instructor			
	ESSENTIAL	DESIRABLE	EVIDENCE
Qualifications	<ul style="list-style-type: none"> • Level 2 REPs gym instructor qualification • Qualified and experienced in teaching circuits and spin classes 	<ul style="list-style-type: none"> • Level 3/4 REPs • Group Ex Classes e.g. ETM, Pilates, Insanity etc. • First Aid qualification 	Application Form
Experience	<ul style="list-style-type: none"> • Experience of working in a gym/sports/leisure facility. 		Application Form Interview
Specific Skills/ Knowledge	<ul style="list-style-type: none"> • Fantastic written and verbal communication • Awareness of Health & Safety in the workplace • Excellent customer service skills 	<ul style="list-style-type: none"> • Experience of producing own choreography for fitness classes • Experience in resolving complaints 	Interview
Attitude	<ul style="list-style-type: none"> • Ability to work independently and proactively • Demonstrates commitment to continual professional development • Personal drive for excellence • Flexible approach to work • To act as a positive role model to others within the business 		Interview
Other		<ul style="list-style-type: none"> • Knowledge of Southmead and the issues facing local residents 	Application Form/ Interview

SOUTHMEAD DEVELOPMENT TRUST (THE GREENWAY CENTRE)

Job Description

Post:	Fitness Instructor (maternity cover)
Job Purpose:	To ensure the smooth running of the gym and fitness facilities at all times. To deliver gym inductions, group exercise classes, and re-programs/follow-up appointments.
Responsible to:	Fitness Team Leader
Hours:	Temporary, Part time (15 hrs per week)
Salary:	£9.80 per hour.

Roles and Responsibilities:

- Have a Flexible working approach which may include working evenings and weekends.
- To carry out gym inductions, deliver group exercise classes, and Personal Training (depending on qualifications).
- To ensure a high standard of cleanliness throughout all the fitness facilities.
- To teach a range of classes, with the aim of increasing the centres usage amongst the local community.
- To be responsible for exceeding member expectations on a day-to-day basis, whilst ensuring the fitness areas and activities are promoted and run effectively.
- To provide a supportive customer service role providing personal attention and care to all members.
- To ensure the fitness areas and equipment are maintained and presented in accordance with best practice.
- To comply with all Southmead Development Trust's policies and procedures.
- Ensure that any work carried out is in accordance with current legislation and/or regulations.
- To maintain a professional attitude and conduct at all times.
- To be involved in forming and fulfilling the wider vision of the Southmead Development Trust

Please note that CVs will NOT be accepted for this post. Please use the application form given.