



# SUPPORTING OUR COMMUNITIES TO THRIVE

Our Values: Positivity - Integrity - Excellence - Welcoming - Entrepreneurial

## WELLBEING FITNESS INSTRUCTOR

We would love you to join us if you are: passionate and knowledgeable about health and wellbeing, keen to create new opportunities, and to develop and facilitate fitness and exercise referral programmes for our valued members and participants. We want you to help us to continue to improve our standards, programmes, performance, and the overall experience for everyone attending our gym and fitness classes.

We will expect you to assist with and implement a wide range of classes for different abilities, and help to increase our membership as well as participants in our exercise referral programme. You will need to have excellent communication and interpersonal skills to be able to interact and build relationships with our members, staff teams, and the organisations we work with.

<b>Location:</b>	Greenway Centre, Bristol BS10
<b>Salary:</b>	£21,000 - £23,000 per annum pro rata (dependant on experience)
<b>Contract type:</b>	Permanent
<b>Hours:</b>	2-3 days per week (7.5 hours per day) to include evening and weekends
<b>Holiday:</b>	33 days annual leave (inclusive of Bank Holidays)
<b>Benefits:</b>	Occupational pension, free membership to Greenway Gym and classes
<b>Contact:</b>	For further information please contact Natalie Dowe on 0117 950 3335 and feel free to pop in and have a chat
<b>How to apply:</b>	Email your CV and one page Cover Letter (detailing how you meet the job specifications) to <a href="mailto:nataliedowe@southmead.org">nataliedowe@southmead.org</a>
<b>Deadline:</b>	09:00am - Monday 27th February with interviews likely to be held the following week

## About us

We're Southmead Development Trust, a charity made up of staff, volunteers and residents who work together to achieve our vision of a thriving community. We improve health, wellbeing, local pride, and employment. We bring business and investment to the area.

Our two sites – Greenway Centre and Southmead Adventure Playground, are much-loved local venues that provide inspiring spaces for events, meetings, training and business. We run or host an exciting programme of events ranging from conferences and sporting events, to creative writing, dancing and pantomimes. Our customers join a fun, welcoming community and enjoy our large café and newly refurbished gym.

This role requires the successful candidate to report to and deputise for the Fitness and Wellbeing Manager as and when needed, overseeing day to day management of the gym, fitness timetable and other programmes we run and facilitate. This will include helping to complete reporting or other duties when the Manager is not present.

## About you

- You will have a flexible working approach which may require evenings, weekends and shift work.
- You are able to assist with memberships and the exercise on referral scheme to include phone calls, attendance monitoring and all related administration.
- You will be responsible for exceeding member expectations on a day-to-day basis, whilst ensuring the fitness areas and activities are promoted and run effectively.
- You will be able to induct new members helping to make sure that everyone feels welcome and achieves their fitness goals.
- You will have the ability to manage your own workload and update those involved on a regular basis.
- You will be able to use your own initiative, think creatively, and to create new opportunities that are relevant to the gym/Centre's aims.
- You will embody our values of: Positivity - Integrity - Excellence - Welcoming - Entrepreneurial

**Southmead Development Trust, Greenway Centre, Doncaster Road, Bristol, BS10 5PY.**  
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