PERSON SPECIFICATION

POST: GROUP EXERCISE (GX) AND FITNESS COORDINATOR

	ESSENTIAL	DESIRABLE	EVIDENCE
Qualifications	• Level 2 Fitness Instructor • Level 3 Personal Trainer • Relevant Qualifications for a range of classes you can teach	• Level 3 GP Exercise Referral or working towards it • First Aid	CV and covering letter
Experience	• Experience of working in the leisure industry - working on gym floor and carrying out gym inductions and writing gym programmes • Experience of teaching a variety of GX Classes • Qualified to teach a variety of exercise classes • Experience of creating and maintaining group exercise schedules and instructors • Experience of finding appropriate cover for classes in the event of instructor illness/ holiday • Monitor all fitness instructors to ensure they have sufficient insurance • Ensure classes are being delivered in a timely manner and that numbers are maintained	• Experience of teaching group exercise classes (GX/ER/PT) • Experience of planning and writing gym programmes/ personal training with clients	CV, covering letter and interview
Specific Skills/ Knowledge	• Ability to manage and motivate GX Instructors • Proven ability in both written and verbal communication • Awareness of Health & Safety in the workplace	• Experience in resolving complaints • Experience of leading a team	Interview

	• Excellent customer service skills • Experience of producing own choreography for fitness classes • Proficient with Microsoft Word, Excel and PowerPoint	• Knowledge of Southmead and the issues facing residents	
Attitude	• Ability to work independently and proactively • Demonstrates commitment to continual professional development • Ability to lead and work as part of the team • Personal drive for excellence • Flexible approach to work • To act as a positive role model to others within the Trust • Passionate about serving the community		Interview

Please read Job Description