



# SUPPORTING OUR COMMUNITIES TO THRIVE

Our Values: Positivity - Integrity - Excellence - Welcoming - Entrepreneurial

## WELLBEING FITNESS INSTRUCTOR

We are looking for an inspiring Fitness Instructor who is as passionate about the health and wellbeing of every individual whilst using own their initiative to create new opportunities for individuals to access and explore this. Reporting to and supporting the Fitness and Wellbeing Manager to develop and manage the fitness programme and facilities, continually improving standards, programmes, performance and experience for members and the wider community. You will help to co-ordinate and implement a range of fitness classes, with the aim of increasing the Centre's use. You will have excellent communication skills and be able to interact and build relationships with our members and organisations that we work with.

- Location:** Greenway Centre, Bristol BS10
- Salary:** £21,000 - £23,000 per annum pro rata (dependant on experience)
- Contract type:** Permanent
- Hours:** 3 days per week (7.5 hrs per day) to include evenings and weekends
- Holiday:** 33 days annual leave (inclusive of Bank Holidays)
- Benefits:** Occupational pension, free membership to Greenway Gym and classes
- Contact:** For further information please contact Natalie Dowe; 0117 950 3335 and feel free to pop into the Centre to have a look around or to have a chat about the role
- How to apply:** Please email a copy of your CV and a one page covering letter, using the person specification as a guide, to [nataliedowe@southmead.org](mailto:nataliedowe@southmead.org)
- Deadline:** 8am on Thursday 3rd March. Interviews are likely to be held the following week.

## About us

We're Southmead Development Trust, a charity made up of staff, volunteers and residents who work together to achieve our vision of a thriving community. We improve health, wellbeing, local pride, and employment. We bring business and investment to the area.

Our three sites – Greenway Centre, Southmead Youth Centre and Southmead Adventure Playground, are much-loved local venues that provide inspiring spaces for events, meetings, training and business. We run or host an exciting programme of events ranging from conferences and sporting events, to creative writing, dancing and pantomimes. Our customers join a fun, welcoming community and enjoy our large café and newly refurbished gym.

This role requires the successful candidate to report to and deputise for the Fitness and Wellbeing Manager; overseeing day to day management of the programme and facilities, and leading the gym team or completing reporting or other duties when the Manager is not present.

## About you

- You will have a flexible working approach which may require evenings, weekends and shift work.
- You will be responsible for exceeding member expectations on a day-to-day basis, whilst ensuring the fitness areas and activities are promoted and run effectively
- You will be able to induct new members into the Greenway Gym helping make sure that everyone feels welcome and achieves their fitness goals.
- You are able to assist with memberships and the exercise on referral scheme to include phone calls, attendance monitoring and all related administration
- You will have the ability to manage your own workload and update those involved on a regular basis
- You will be able to use your own initiative, think creatively and create new opportunities that are relevant to the gym/ centres outcomes
- You will embody our values of: Positivity - Integrity - Excellence - Welcoming - Entrepreneurial

**Southmead Development Trust, Greenway Centre, Doncaster Road, Bristol, BS10 5PY.**

**telephone: 0117 950 3335 email: [info@southmead.org](mailto:info@southmead.org) [www.southmead.org](http://www.southmead.org)**

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