

Welcome to The Southmead Celebration

16th - 21st August 2021

**A week of community
events where we can
safely reconnect.**



COMMUNITY VENUES:

- Greenway Centre,
Doncaster Road, BS10 5PY.
- Southmead Adventure Playground,
Doncaster Road, BS10 5PP.
- Southmead Youth Centre,
Greystoke Avenue, BS10 6AS.



tel: 0117 950 3335,
email: info@southmead.org



SOUTHMEAD DEVELOPMENT TRUST

southmead.org

CHILDREN MUST BE ACCOMPANIED BY AN ADULT AT EVENTS, THANK YOU

MONDAY 16TH AUGUST

10:30am - 1:30pm:

MAKING GREETING CARDS WITH LINDA

Love to get crafty? Like sending cards?
Come and make your own.

At: Greenway - ages 18+

11:00am- 2:00pm:

TASTER MESSAGES WITH JESSICA FROM JSL THERAPIES

15 minute fully clothed
seated massage.

At: Greenway - ages 18+

Booking optional

t: 07944 212 616

11:00am - 12:30pm &

2:00pm - 3:30pm:

SUMMER FAMILY FUN WITH THE DOGS TRUST (2 x sessions today)

Games, quizzes, role play.

Perfect for dog owners and those
thinking of getting a dog.

Explore the basics of dog
communication and learn how to have
fun with your dog while staying safe.

No real dogs involved.

At: Greenway - all ages

BOOKING ESSENTIAL

e: helenpeake@dogstrust.org.uk,

t: 07584 489 178

2:00pm - 4:00pm:

FACE PAINTING & STORYTELLING WITH JACKIE

At: Greenway, outside - all ages

TUESDAY 17TH AUGUST

9:00am - 11:00am:

STAY & PLAY WITH RAISED IN SOUTHMEAD

Explore the new nursery and have
some fun.

At: Greenway - ages up to 4

10:00am - 2:00pm:

FAMILY ACTIVITIES WITH HOMESTART

Join in with fun and games for all the
family outside on the field.

At: Greenway - ages up to 5

10:30am - 3:00pm:

ART WORKSHOP WITH CREATIVE YOUTH NETWORK

Aimed at young people receiving free
school meals - lunch included.

At: Greenway - ages 11-16

*** BOOKING ESSENTIAL ***

e: issie.lloyd@creativemethods.org.uk

t: 07526 178 732

11:00am - 12:30pm &

2:00pm - 3:30pm:

SUMMER FAMILY FUN WITH THE DOGS TRUST (2 x sessions today)

Games, quizzes, role play.

Perfect for dog owners and those
thinking of getting a dog.

Explore the basics of dog
communication and learn how to have
fun with your dog while staying safe.

No real dogs involved.

At: Greenway - all ages

BOOKING ESSENTIAL

e: helenpeake@dogstrust.org.uk

t: 07584 489 178



TUESDAY CONTINUED . . .**11:00am - 2:00pm:****TASTER MESSAGES WITH JESSICA
FROM JSL THERAPIES**

15 minute fully clothed
seated massage.

At: Greenway - ages 18+**Booking optional, t: 07944 212 616****11:15am - 11:45am:****YOGA WITH MARIA**

Use this half an hour to take a breath
and a moment for yourself.
Please bring a towel or yoga mat to lie
on, and water to drink.

**At: Greenway, cafe garden
ages 18+ - all abilities welcome****12:00pm - 12:45pm:****QI GONG WITH ALI**

Join Ali for a gentle moving meditation
which improves balance, mood and
brings relaxation. Please wear
comfortable/loose clothing and bring
water to drink.

**At: Greenway, cafe garden
ages 18+ - all abilities welcome****12:00pm - 1:00pm:****FLOWER ARRANGING IN A CUP WITH THE
TRAVELLING TEAPOT**

Come and join Shirley for a blooming
session with flowers.

At: Greenway, ages 18+***BOOKING ESSENTIAL***

e: lucillesmith@southmead.org

t: 0117 950 3335

1:00pm - 2:00pm:**BRISTOL HARPISIT IN CONCERT**

Scarlett Smith mixes elegance and fun to
provide a unique and contemporary
approach to the harp. With pop covers,
movie themes or Disney, she'll have you
playing 'name that tune' the whole
time!

At: Greenway, café - all ages**1:30pm - 4:30pm:****STORYTELLING WITH SS GREAT BRITAIN**

All aboard! Who were the people on the
boat? What lives did they lead?
Let's dive into the history of Bris-tol's
most famous boat.

Greenway - ages 5+**WEDNESDAY 18TH AUGUST****9:00am - 11:00am:****STAY & PLAY WITH RAISED IN
SOUTHMEAD**

Drop in, explore the nursery and have
some fun.

**At: Greenway (opposite the Greenway
Community Practice) - ages up to 4****10:00am - 12:30pm:****JIU JITSU TASTERS** (3 x sessions)

10:00am - 10:30am: ages 3-6

10:45am - 11:30am: ages 7-15

11:45am - 12:30pm: ages 16+

Luke welcomes you to Jiu-Jitsu Martial
Arts and Self-Defence Classes.

At: Southmead Youth Centre

WEDNESDAY CONTINUED . . .**10:00am - 12:00pm:****GIANT JENGA & SLIME MAKING WITH LINK FOWARD**

Join the team for family fun and mess in the cafe garden - build and tumble giant blocks and mix up a gooey, sticky homemade slime!

At: Greenway, cafe garden ages 7-12 (plus little ones may enjoy a bit of slime squidging!)

10:00am - 2:00pm:**FAMILY OUTDOOR ACTIVITIES WITH HOMESTART**

Join in with fun and games for all the family.

At: Greenway (on the field) - ages up to 5

10:30am - 12:00pm:**VISION YOUR FUTURE**

Unleash your imagination in this creative session and discover what your future looks like. Come and create a visual picture of your ideal future and we'll guide you towards making it a reality.

At: Greenway, Cabot room - all ages

10:30am - 1:00pm:**QUINTRANE JAZZ IN CONCERT**

We are delighted to welcome Quintrane Jazz for a performance of contemporary favourites with Saxophonist Pete, our volunteer at Greenway games club.

At: Greenway, café - for all ages

10:30am - 4:00pm:**FAMILY COOKING WORKSHOPS WITH TRAVELLING KITCHEN** (4 x sessions) -

10:30am - 11:30am / 12:00pm - 1:00pm
1:45pm - 2:45pm / 3:15 pm - 4:15pm

Join Sarah and Clare for culinary fun - learn delicious and easy recipes.

At: Greenway - all ages

BOOKING ESSENTIAL

e: lucillesmith@southmead.org

t: 0117 950 3335

10:30am - 3:00pm:**TEXTILE WORKSHOP WITH CREATIVE YOUTH NETWORK**

Aimed at young people receiving free school meals - lunch included.

At: Greenway - ages 11-16

*** BOOKING ESSENTIAL ***

e: issie.lloyd@creativyouthnetwork.org.uk

t: 07526 178 732

11:00am - 12:00pm:**A READING WITH SOUTHMEAD CREATIVE WRITERS**

Come and listen to some home-grown poetry and prose from Southmead's very own Creative Writers group.

At: Greenway - for all ages

11:00am- 2:00pm:**TASTER MESSAGES WITH JESSICA FROM JSL THERAPIES**

15 minute fully clothed seated massage.

At: Greenway - for ages 18+

Booking optional

t: 07944 212 616

WEDNESDAY CONTINUED . . .

**11:00am - 12:30pm &
2:00pm - 3:30pm:**

**SUMMER FAMILY FUN WITH THE
DOGS TRUST** (2 x sessions today)

Games, quizzes, role play.
Perfect for dog owners and those
thinking of getting a dog.
Explore the basics of dog
communication and learn how to have
fun with your dog while staying safe.
No real dogs involved.

At: Greenway - all ages

BOOKING ESSENTIAL

e: helenpeake@dogstrust.org.uk
t: 07584 489 178

1:00pm - 3:45pm:

**KIDS CRAFT SESSIONS WITH ARTS
ENLARGE** (4 x sessions)

1:00pm - 1:45pm / 2:00pm - 2:45pm/
3:00pm - 3:45pm

Make some wonderful take home
crafts like Loopy Lamas, Chatty Cacti,
and puppets.

At: Greenway - all ages

BOOKING ESSENTIAL

e: lucillesmith@southmead.org
t: 0117 950 3335

1:15pm - 3:00pm:

FUN & GAMES WITH OFF THE RECORD

Join Off the Record for activities and
info focussed on mind health.

**At: Greenway - ages 11-25 (plus carers
and guardians)**

THURSDAY 19TH AUGUST

9:00am - 11:00am:

**STAY & PLAY WITH RAISED IN
SOUTHMEAD**

Explore the new nursery and have
some fun.

At: Greenway - ages up to 4

10:30am - 3:00pm:

**GRAFFITI WORKSHOP WITH CREATIVE
YOUTH NETWORK**

Aimed at young people receiving free
school meals - lunch included.

At: Greenway - ages 11-16

*** BOOKING ESSENTIAL***

e: issie.lloyd@creativemetwork.org.uk,
t: 07526 178 732

11:00am -12:00pm:

BS10 BINGO!

Eyes down for a full house! Play with
Southmead's very own Bingo team.

At: Greenway, Main Hall - all ages

BOOKING ESSENTIAL

e: lucillesmith@southmead.org
t: 0117 950 3335

11:00am- 2:00pm:

**TASTER MESSAGES WITH JESSICA
FROM JSL THERAPIES**

15 minute fully clothed
seated massage.

At: Greenway - ages 18+

Booking optional

t: 07944 212 616



THURSDAY CONTINUED . . .**12:00pm - 12:45pm:****STRONG NATION HIGH INTENSITY FITNESS CLASS**

If you have a good general level of fitness then join Paula for a work out. Wear loose clothing and bring water to drink.

At: Greenway - ages 16+**12:30pm - 14:30pm:****SIGN PAINTING IN THE GREENWAY GARDEN**

Put on some old clothes and come and get busy with a paintbrush! Try your hand at lettering and slapping big words on to wood to make signs for the Greenway Garden.

At: Greenway - all ages**1:00pm - 2:00pm:****BRISTOL HARPIST IN CONCERT**

Scarlett Smith mixes elegance and fun to provide a unique and contemporary approach to the harp. With pop covers, movie themes or Disney, she'll have you playing 'name that tune' the whole time!

At: Greenway, café - all ages**Friday 20th August****9:00am - 11:00am:****STAY & PLAY WITH RAISED IN SOUTHMEAD**

Explore the new nursery and have some fun.

At: Greenway - ages up to 4**10:00am - 11:00am:****WALK WITH THE GREENWAY WALKERS**

A refreshing and mindful stroll through Badock's Wood - take in the beauty of the nature reserve on our doorstep. The pace is relaxed and the walk is open to all abilities.

At: Greenway - ages 18+

If you plan to come along, please telephone Sarah on 07908 076 112

10:00am - 12:00pm:**BUILD A STOMP ROCKET**

Enjoy making your own rocket with Amy and watching it whoosh in to the sky as you stomp on its tail!

At: The Ranch (Adventure Playground) - all ages**10:00am - 1:00pm:****KIDS ACTIVITIES WITH THE FODP&EP**

Family activities with the Friends of Doncaster Road Park & Embleton Playground. Come and join in some fun and games and talk about all things Southmead parks.

At: The Ranch (Adventure Playground) - all ages**10:30am - 11:30am:****TEA TALK & TASTING WITH SHANE HARRISON**

Do you love a proper brew? Smell and taste a smorgasbord of different teas with Shane, while he tells you a story about each. Bring your taste buds!

At: Greenway Centre, café - all ages

10:30am - 12:30pm:

SCRIBBLE & SKETCH WITH THE RWA

Come for some arty fun with Bristol's Royal West of England Academy.

At: The Ranch (Adventure Playground) - ages 3-11

11:00am - 2:00pm:

TASTER MESSAGES WITH JESSICA FROM JSL THERAPIES

15 minute fully clothed seated massage.

At: Greenway - ages 18+

Booking optional

t: 07944 212 616

1:00pm - 4:00pm:

FACE PAINTING & STORYTELLING WITH JACKIE

At: The Ranch (Adventure Playground) - all ages

2:00pm - 4:00pm:

PLAY WITH CLAY

You'll be potty about this session with our talented clay sculptors Hannah and Simone. Make your own special something and take it home.

At: The Ranch (Adventure Playground) - all ages

(arrive early to avoid disappointment)

2:00pm - 5:00pm:

BUILD A BOAT WITH THE SS GREAT BRITAIN

All aboard this brilliant opportunity to build a boat and watch it float

At: The Ranch (Adventure Playground) - all ages

2:00pm - 4:00pm:

KEYBOARD CONCERT WITH BILL GOLDING

We all know Bill from the Southmead Festival – come and listen again to his lovely keyboard tunes.

At: Greenway (cafe) - all ages

6:00pm - 9:00pm:

CURRY & QUIZ NIGHT (Bar open)

Cafe Des Amis is serving up a selection of delicious curries with a veggie/vegan option, plus rice & samosas.

£4 per person. Served til 8:00pm.

At: Greenway

Quiz Details:

While you're munching on your samosas the Quiz will begin with Quizmaster extraordinaire . . .

Southmead's own Mike Murch. Brush up on your trivia, polish up on your pop tunes, and prepare for knowledge battle! Max team size is 6 people

BOOKING ESSENTIAL

e: lucillesmith@southmead.org or

t: 0117 950 3335

Saturday 21st August

10:00am – 12:00pm:

KIDS TASTER SESSION WITH SOUTHMEAD RUGBY CLUB

In this relaxed session there'll be all sorts of fun and games related to rugby, and refreshments too! For more info contact Danny,

t: 07758 192 601

At: Greenway, on the field - ages 6+

OPEN Monday to Friday

9:00am - 3:00pm

CAFE DES AMIS



BREAKFAST SANDWICHES

£2.00

Bacon or Vegan Sausage

BRUNCH OPTIONS

£5.00 including tea, coffee or OJ

FRITTATA

Potato, egg & spinach frittata served with Mediterranean veggies

HOMEMADE BOSTON BEANS

A mix of six beans, bacon & tomato slow cooked with a BBQ sauce served with toasted bread

SPANISH TOAST

Tomato, olive oil & garlic served with toasted bread

HAM & CHEESE CROISSANT

Toasted croissant with ham & cheese

ON TOAST

£3.00

Beans, cheese or garlic mushrooms 

JACKET POTATOES

£4.00

Cheese and beans

Homemade bean chilli 

Tuna mayo

SANDWICHES / BAGUETTES

£2.00 / £2.50

In drinks fridge

PANINI

£3.50

In counter fridge

SOUP WITH BREAD

£2.50

See counter boards for details

KID'S PASTA BOWL

£1.50 (Large portion £2.50)

Tomato or pesto sauce and two toppings:
Cheese, vegan cheese, tuna, ham, sweetcorn

SPECIALS

See counter boards for details

CAKES

£2.20

Chocolate Brownie 

Flapjack (GF) 

Mini Doughnuts 50p



DRINKS

CIKO COFFEES Standard/Large

Americano	£1.60/£2.10
Latte	£2.10/£2.60
Flat White	£2.10/£2.60
Cappuccino	£2.10/£2.60
Decaffeinated	£1.60/£2.10
Espresso	£1.30/£1.60
Mocha	£2.35/£2.85
Babyccino	Free (Substitute Milk 20p)
Cheekybabychococcino	50p

HARRISON LOOSE LEAF TEAS - £1.30

Breakfast
Decaffeinated
Fruit
Green
Darjeeling
Earl Grey
PG Tips - 50p

SOFT DRINKS

Water (still/sparkling).....	£0.50
Cawston Press Cans	£1.50
Cawston Press Cartons	£0.80
Earth Cola	£1.50
Green Cola (diet)	£1.50
R Whites Lemonade	£1.00
Rio	£1.00